

CLINICAL WITH BENEFITS

Evidence & References Master

Deep Dives + Clinical Quickies | Clinician-facing evidence anchors

How to use this document. Clinical Quickies are condensed from the corresponding Deep Dives and therefore use the same evidence base unless a topic-specific source is noted separately. This master list is intentionally organized by clinical category so the website can maintain one evidence hub without repeating a full bibliography on every page.

Clinical-use note. CWB content is educational and intended for healthcare professionals. Guidance changes over time; current specialty-society guidelines, FDA labeling, local pathways, laboratory assay guidance, and patient-specific clinical judgment supersede summary language when recommendations differ.

Cardiac / Vascular

1. Thygesen K, Alpert JS, Jaffe AS, et al. Fourth Universal Definition of Myocardial Infarction (2018). *European Heart Journal*. 2019;40(3):237-269.
2. Rao SV, O'Donoghue ML, Ruel M, et al. 2025 ACC/AHA/ACEP/NAEMSP/SCAI Guideline for the Management of Patients With Acute Coronary Syndromes. *Journal of the American College of Cardiology / Circulation*. 2025.
3. Byrne RA, Rossello X, Coughlan JJ, et al. 2023 ESC Guidelines for the management of acute coronary syndromes. *European Heart Journal*. 2023.
4. Type 2 myocardial infarction: challenges in diagnosis and treatment. *European Heart Journal*. 2025;46(6):504-516.
5. Heidenreich PA, Bozkurt B, Aguilar D, et al. 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure. *Circulation*. 2022.
6. Joglar JA, Chung MK, Armbruster AL, et al. 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation. *Circulation*. 2024.
7. McDonagh TA, Metra M, Adamo M, et al. ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure, with focused updates as applicable.
8. European Society of Cardiology. Guidelines for the diagnosis and management of acute pulmonary embolism. *European Heart Journal*. 2019.
9. European Society of Cardiology. 2024 ESC Guidelines for the management of elevated blood pressure and hypertension.
10. American College of Cardiology / American Heart Association. Guideline-based approaches to orthostatic hypotension, cardiovascular risk assessment, and antihypertensive therapy.

Renal / Electrolytes

1. Kidney Disease: Improving Global Outcomes (KDIGO). 2024 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Kidney International*. 2024.
2. KDIGO. Clinical Practice Guideline for Acute Kidney Injury and subsequent AKI/AKD guidance and update materials.
3. UK Kidney Association. Clinical Practice Guideline: Management of Hyperkalaemia in Adults. Updated 2026.
4. Spasovski G, Vanholder R, Allolio B, et al. Clinical practice guideline on diagnosis and treatment of hyponatraemia. *European Journal of Endocrinology*. 2014.
5. KDIGO. Diabetes Management in Chronic Kidney Disease guideline (2022; current published guideline while the 2026 update is under development).

6. National Kidney Foundation / KDOQI educational and clinical resources on eGFR, albuminuria, CKD staging, and kidney-protective therapy.

Hematology / Coagulation

1. American Family Physician. Thrombocytopenia: Evaluation and Management. 2022.
2. American Family Physician. Evaluation of Patients with Leukocytosis. 2015.
3. Merck Manual Professional Edition. Evaluation of Anemia.
4. American Family Physician. Evaluation of Macrocytosis.
5. American Gastroenterological Association. Clinical Practice Guidelines on the Gastrointestinal Evaluation of Iron Deficiency Anemia. Gastroenterology. 2020.
6. American Society of Hematology and major anticoagulation guidance resources for anticoagulant-associated bleeding, reversal, and thrombotic risk assessment.
7. FDA Prescribing Information / DailyMed labeling for warfarin, heparins, direct oral anticoagulants, and agent-specific reversal therapies.

Endocrine / Metabolic

1. American Diabetes Association Professional Practice Committee. Standards of Care in Diabetes - 2026. Diabetes Care. 2026.
2. American Diabetes Association. Standards of Care in Diabetes - 2026: Diagnosis, glycemic goals, pharmacologic treatment, chronic kidney disease, cardiovascular disease, and hypoglycemia sections.
3. NICE Guideline NG145. Thyroid disease: assessment and management. Current version.
4. American Thyroid Association. Thyroid function testing and hypothyroidism/hyperthyroidism clinical resources.
5. Endocrine Society clinical practice guidance on hypercalcemia/hypocalcemia, primary hyperparathyroidism, and endocrine emergencies.
6. KDIGO 2024 CKD guideline and KDIGO diabetes/CKD guidance for diabetes therapy in patients with chronic kidney disease.

Pulmonary

1. Global Initiative for Chronic Obstructive Lung Disease (GOLD). Global Strategy for the Diagnosis, Management, and Prevention of COPD. Current 2026 report.
2. Global Initiative for Asthma (GINA). Global Strategy for Asthma Management and Prevention. Current 2026 report.
3. Metlay JP, Waterer GW, Long AC, et al. Diagnosis and Treatment of Adults with Community-Acquired Pneumonia: ATS/IDSA Clinical Practice Guideline. American Journal of Respiratory and Critical Care Medicine. 2019.
4. European Society of Cardiology. Guidelines for acute pulmonary embolism. European Heart Journal. 2019.
5. British Thoracic Society. Guideline for pleural disease. Current guideline set.
6. American Thoracic Society / European Respiratory Society resources on oxygenation, hypoxemia, dyspnea, and obstructive lung disease.

Infection / Antimicrobial Stewardship

1. Nicolle LE, Gupta K, Bradley SF, et al. IDSA Clinical Practice Guideline for the Management of Asymptomatic Bacteriuria. Clinical Infectious Diseases. 2019.
2. IDSA/SHEA. Clinical Practice Guidelines for the Management of Clostridioides difficile Infection in Adults: 2021 Focused Update.

3. Evans L, Rhodes A, Alhazzani W, et al. Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock. Intensive Care Medicine / Critical Care Medicine. 2021.
4. IDSA. Practice Guidelines for the Diagnosis and Management of Skin and Soft Tissue Infections. Clinical Infectious Diseases. 2014.
5. CDC. Sexually Transmitted Infections Treatment Guidelines. 2021, with current online updates.
6. CDC / IDSA / specialty-society guidance for pharyngitis, otitis, acute respiratory infections, pyelonephritis, and outpatient antimicrobial stewardship.
7. ATS/IDSA community-acquired pneumonia guideline. 2019.

Liver / GI

1. American Association for the Study of Liver Diseases (AASLD). How to Approach Elevated Liver Enzymes. 2025.
2. Tenner S, Vege SS, Sheth SG, et al. American College of Gastroenterology Guideline: Management of Acute Pancreatitis. American Journal of Gastroenterology. 2024.
3. Katz PO, Dunbar KB, Schnoll-Sussman FH, et al. ACG Clinical Guideline for the Diagnosis and Management of Gastroesophageal Reflux Disease. American Journal of Gastroenterology. 2022.
4. American Gastroenterological Association. Clinical Practice Update on Medical Management of Colonic Diverticulitis. Gastroenterology. 2021.
5. American College of Gastroenterology / American Gastroenterological Association guidance on upper and lower gastrointestinal bleeding.
6. American Gastroenterological Association / American College of Gastroenterology guideline on pharmacologic management of chronic idiopathic constipation. 2023.
7. Merck Manual Professional / specialty-society references for dehydration, volume depletion, albumin abnormalities, and pancreatic enzyme interpretation.

Dermatology / Skin

1. American Academy of Dermatology. Guidelines of care for the management of acne vulgaris. Updated guideline set, 2024.
2. American Academy of Dermatology. Atopic dermatitis clinical guideline series, including topical and systemic therapy recommendations.
3. American Academy of Dermatology / National Psoriasis Foundation. Psoriasis clinical guideline series.
4. IDSA. Skin and Soft Tissue Infection guideline. 2014 - used for cellulitis, abscess, and serious infection differentiation.
5. CDC. Scabies and pediculosis clinical resources.
6. CDC STI Treatment Guidelines. 2021 - relevant to genital dermatologic/infectious overlap and HSV.
7. American Academy of Dermatology clinical resources on melanoma, basal cell carcinoma, squamous cell carcinoma, and suspicious lesion recognition.
8. Dermatology references for tinea/candidiasis, intertrigo, urticaria, drug eruption, and nonblanching rash assessment.

ENT / Upper Respiratory

1. Rosenfeld RM, Piccirillo JF, Chandrasekhar SS, et al. Clinical Practice Guideline (Update): Adult Sinusitis. Otolaryngology-Head and Neck Surgery.
2. Shulman ST, Bisno AL, Clegg HW, et al. IDSA Guideline for Diagnosis and Management of Group A Streptococcal Pharyngitis.
3. American Academy of Otolaryngology-Head and Neck Surgery guidance on otitis externa and otitis media.

4. CDC outpatient antibiotic stewardship resources for adult and pediatric respiratory infections.

Neurologic / Musculoskeletal

1. American College of Radiology. Appropriateness Criteria: Headache. Current guideline.
2. American Academy of Otolaryngology-Head and Neck Surgery Foundation. Clinical Practice Guideline: Benign Paroxysmal Positional Vertigo (Update). 2017.
3. Qaseem A, Wilt TJ, McLean RM, et al. Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: American College of Physicians Clinical Practice Guideline. *Annals of Internal Medicine*. 2017.
4. FitzGerald JD, Dalbeth N, Mikuls T, et al. 2020 American College of Rheumatology Guideline for the Management of Gout. *Arthritis Care & Research*. 2020.
5. Kolasinski SL, Neogi T, Hochberg MC, et al. 2019 ACR/Arthritis Foundation Guideline for Management of Osteoarthritis of the Hand, Hip, and Knee. *Arthritis Care & Research*. 2020.
6. American Headache Society and specialty references for migraine diagnosis, acute therapy, prevention, and medication-overuse headache.

Behavioral Health / Sleep

1. VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder. 2022.
2. NICE guidance on generalized anxiety disorder and panic disorder in adults. Current version.
3. Qaseem A, Kansagara D, Forcica MA, et al. Management of Chronic Insomnia Disorder in Adults: American College of Physicians Clinical Practice Guideline. *Annals of Internal Medicine*. 2016.
4. American Academy of Sleep Medicine. Clinical Practice Guideline for the Pharmacologic Treatment of Chronic Insomnia in Adults. 2017.
5. FDA Prescribing Information / DailyMed for antidepressants, sedative-hypnotics, and other medications discussed in CWB medication-oriented content.

Women's Health / Genitourinary

1. CDC. Sexually Transmitted Infections Treatment Guidelines. 2021, with current updates - vaginitis, trichomoniasis, cervicitis, and related infectious syndromes.
2. ACOG clinical guidance on abnormal uterine bleeding in reproductive-age and postmenopausal patients.
3. IDSA guidance on asymptomatic bacteriuria and urinary tract infection; urine culture and stewardship principles.
4. Specialty-society guidance on uncomplicated cystitis and pyelonephritis, including resistance-aware antibiotic selection.

Medication Safety / Transitions of Care

1. American Geriatrics Society. 2023 AGS Beers Criteria for Potentially Inappropriate Medication Use in Older Adults.
2. FDA current Prescribing Information, Medication Guides, boxed warnings, and Drug Safety Communications.
3. National Library of Medicine. DailyMed - current FDA drug labeling.
4. The Joint Commission medication reconciliation and transitions-of-care safety standards/resources.
5. KDIGO, ADA, ACC/AHA, AHA/ACC/HFSA, and specialty-society medication guidance as cited within disease-specific sections.

Source-integrity note

The CWB source packs explicitly identify evidence anchors including the Fourth Universal Definition of Myocardial Infarction, the 2025 ACC/AHA acute coronary syndromes guideline, KDIGO 2024 CKD guidance, UK Kidney Association hyperkalaemia guidance, AASLD liver-enzyme guidance, AAFP hematology references, Merck anemia evaluation, NICE thyroid guidance, American Thyroid Association resources, ADA Standards of Care, and FDA/DailyMed medication references. This master consolidates those anchors with the corresponding major specialty-society references used to support the completed CWB Deep Dive and Quickie library.

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